

Spring / Summer Menu 2023

Our mission is to provide each of our schools with a unique dining experience that is innovative, aspirational, quality assured and excellent value for money. We can assure you that our ingredients are responsibly, and where possible locally sourced. No ifs, no buts, our menu ingredients are all freshly prepared at your school. The results speak for themselves; access to hearty, wholesome and healthy food every school day.

Week 1 - 17th April-8th May-5th & 26th June-17th July-18th Sept.-9th Oct.

Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
M – Cheese Pizza	M - Beef Bolognaise	M – Roast Gammon &	M – Salmon Nuggets	M – Homemade Chicken
V– Veggie Curry	V – Veggie Hotdog in Bun	Pineapple	V – Vegan Sausage Roll	Goujons
Sides– Pasta or Rice,	Sides—Pasta, Sweetcorn & Green Beans	V – Veggie Crumble	Sides - Herby Diced Pota-	V – Quorn Nuggets
Homemade Coleslaw	& Green Beans	Sides - Roast or Mash	toes or Rice & Mixed	Sides - Chips or Pasta
& Peas	JP - Cheese, Beans or	Potato, Fresh Sliced Car-	Vegetables or Baked	Tomato Sauce, Cucumber
Q reas	Tuna	rots, Fresh Broccoli &	Beans	& Carrot Sticks
JP - Cheese, Beans, or	D – Pancakes, Apple &	Gravy	JP– Cheese, Beans or	JP - Cheese, Beans or
Coleslaw	Honey	JP-Cheese, Bean or Tuna	Tuna	Tuna
D – Fruit Lolly		D – Fresh Fruit	D – Fruity Jelly	D— Fruity Flapjack

M=Main Meal V=Vegetarian Meal JP= Jacket Potato D=Dessert

Week 2 - 24th April-15th May-12th June-3rd July-4th & 25th Sept.-16th Oct.

V- Veggie Bolognaise V-Quorn Wrap Sides - Crusty Bread & Sides - Tortilla Chips, Wholegrain Rice, Carrot & Pepper Sticks JP - Cheese, Beans or Tuna V- Cauliflower Bites V- Cheese Wheel	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Sides - Crusty Bread & Sides - Tortilla Chips, Wholegrain Rice, Carrot & Pepper Sticks JP - Cheese, Beans or Tuna Sides - Dry Roasted or Mash Potato, Baked Beans & Peas JP-Cheese, Beans or Tuna Sides - Dry Roasted or Mash Potato, Baked Beans & Peas JP-Cheese, Beans or Coleslaw JP-Cheese, Beans or Tuna JP-Cheese, Beans, or Tuna JP-Cheese, Beans, or Tuna					M - Breaded Fish Fillet
D— Cheese, Crackers & D— Pip Organic Fruit Lolly D— Fresh Fruit D— Chocolate Cornflake Crunchies D— Cookie	Sides - Crusty Bread & Mixed Vegetables JP - Cheese, Beans or Tuna	Sides - Tortilla Chips, Wholegrain Rice, Carrot & Pepper Sticks JP - Cheese, Beans or Tuna	Sides - Dry Roasted or Mash Potato Fresh Broccoli, Sliced Carrots & Gravy JP-Cheese, Beans, or Tuna	Sides – Mash Potato, Baked Beans & Peas JP-Cheese, Beans or Cole- slaw D– Chocolate Cornflake	Sides - Chips or Pasta, Homemade Coleslaw, Tomato Sauce & Cucum- ber Sticks JP - Cheese, Beans or Coleslaw

Week 3 - 1st & 22nd May-19th June-10th July-11th Sept.-2nd Oct.

Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
M - Cheese & Onion Pasty	M-Chicken & Bacon Taglia- telle	M – Roast Pork & Apple Sauce	M– Meat Feast Pizza Baguette	M-Fish Fingers
V- Spanish Omelette Sides - Wedges or Pasta, Sweetcorn & Baked Beans JP - Cheese, Beans or Tuna	V– Broccoli & Cauliflower Bake Sides - Crusty Bread, Green Beans & Peas JP - Cheese, Beans or Tuna D– Chocolate Brownie	V – Quorn Fillet Sides - Roast or Mash Potato, Sliced Carrots, Broccoli & Gravy JP-Cheese, Beans or Tuna D – Fresh Fruit	V— Plant Based Meatball Sub with Tomato Sauce Sides - Pasta, Coleslaw & Sweetcorn JP-Cheese, Beans, or Coleslaw	V- Quorn Nuggets Sides - Chips or Pasta, Tomato Sauce, Carrot & Cucumber Sticks JP - Cheese or Beans D - Cookie
D – Fruit Smoothie		The free free free free free free free fr	D – Pip Organic Fruit Lolly	

Low Fat Yoghurts, Fresh Fruit, Bread, Fresh Salad Selection, Water will be available daily, Milk on request.