

Ventrus Primary School Menu Week 1

Lunch for	Lunch for	Lunch for	Lunch for	Lunch for
<p>Monday</p> <p>M – Macaroni cheese, focaccia bread and sweetcorn</p> <p>V – Vegetarian Hotdog with crispy round potatoes and sweetcorn</p> <p>JP - with cheese</p> <p>D – Fresh Fruit</p>	<p>Tuesday</p> <p>M – Sausage, mash and gravy with peas</p> <p>V- Butternut squash, spinach and courgette casserole with potato mash and peas</p> <p>JP - with cheese and beans</p> <p>D – Carrot cake</p>	<p>Wednesday</p> <p>M – Roast Chicken, potatoes and fresh vegetables</p> <p>V – Vegetarian sausage roll with potatoes and fresh vegetables</p> <p>JP – Tuna and Cheese</p> <p>D – Various ice-creams</p>	<p>Thursday</p> <p>M – Beef bolognaise, Pasta with sweetcorn</p> <p>V – Focaccia bread pizza with pasta and sweetcorn</p> <p>JP – Cheese Beans</p> <p>D – Apple flapjack</p>	<p>Friday</p> <p>M – Fish Fingers, chips and veggie sticks</p> <p>V – Quorn nuggets, fries and vegetable sticks</p> <p>JP - with cheese and Tuna</p> <p>D – Cookie</p>

Ventrus Primary School Menu Week 2

Lunch for	Lunch for	Lunch for	Lunch for	Lunch for
<p>Monday</p> <p>M – Focaccia bread pizza with crispy round potatoes and sweetcorn.</p> <p>V -Vegetable bolognaise with pasta and sweetcorn</p> <p>JP – Cheese</p> <p>D – Fruit Slices</p>	<p>Tuesday</p> <p>M – Breaded fish with potato wedges and peas.</p> <p>V- Haloumi stuffed peppers with potato wedges and peas</p> <p>JP – Cheese and Beans</p> <p>D –Lemon Drizzle Cake</p>	<p>Wednesday</p> <p>M – Roast Chicken, potatoes and fresh vegetables with gravy</p> <p>V-Cauliflower and broccoli cheese bake potatoes and fresh vegetables</p> <p>JP – Tuna or cheese</p> <p>D – Various ice-creams</p>	<p>Thursday</p> <p>M –Hotdog with crispy round potatoes and sweetcorn</p> <p>V – Roasted vegetable pasta bake, with crispy round potatoes and sweetcorn</p> <p>JP – Cheese and beans</p> <p>D – Banana and raspberry cake</p>	<p>Friday</p> <p>M – Chicken breast nuggets, fries and vegetable sticks</p> <p>V – Quorn dippers, fries and vegetable sticks</p> <p>JP – Cheese and tuna</p> <p>D – Cookie</p>